

# DR GAUTAM MEHTA

## PERSONAL DETAILS

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- Nationality - British
- General Medical Council No. – 6026978

## DEGREES

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**1<sup>st</sup> Class Honours Intercalated Bachelor of Science in Biomedical Sciences**

**Bachelor of Medicine – Distinction in Clinical Medicine**

**Ph.D Biomedical Sciences**

## POSTGRADUATE FELLOWSHIPS

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<b>EASL – Dame Sheila Sherlock Short-Term Training Fellowship</b>	2009
<b>Royal College of Physicians – Travelling Fellowship in Hepatology</b>	2009
<b>Wellcome Trust PhD Research Training Fellowship</b>	2009
<b>EASL – Post-Doctoral Fellowship (2 years)</b>	2015

## CURRENT POSITION

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**Honorary Consultant and Senior Lecturer in Hepatology** January 2016 - current  
**UCL**

## SELECTED PUBLICATIONS

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### Selected Publications

1. V Balasubramanian\*, **G Mehta\***, H Jones et al. Post-Transcriptional Regulation of Hepatic DDAH1 with TNF Blockade Leads to Improved eNOS Function and Reduced Portal Pressure In Cirrhotic Rats. **Scientific Reports** 2017 DOI: 10.1038/s41598-017-18094-3.
2. **Mehta G**, Rousell S, Burgess G et al. A Placebo-Controlled, Multicenter, Double-Blind, Phase 2 Randomized Trial of the Pan-Caspase Inhibitor Emricasan in Patients with Acutely Decompensated Cirrhosis. **Journal of Clinical and Experimental Hepatology** 2017 DOI: <http://dx.doi.org/10.1016/j.jceh.2017.11.006>
3. Bell S, **Mehta G**, Moore K et al. Ten-year alcohol consumption typologies and trajectories of C-reactive protein, interleukin-6 and interleukin-1 receptor antagonist over the following 12 years: a prospective cohort study. **Journal of Internal Medicine**. 2017; 281:75-85.
- 4 Mookerjee RP, Pavesi M, Thomsen KL, **Mehta G**, et al. Treatment with non-selective beta blockers is associated with reduced severity of systemic inflammation and improved survival of patients with acute-on-chronic liver failure. **Journal of Hepatology** 2016; 64:574-82.

5. **Mehta G**, Dusheiko G. Hepatitis C treatment and quality of life - You can't always get what you want, but you might get what you need.  
**Journal of Hepatology**, 2015; 63:300–02
6. Garcia-Martinez R, Andreola F, **Mehta G**, et al. Immunomodulatory and antioxidant function of albumin stabilises the endothelium and improves survival in a rodent model of chronic liver failure.  
**Journal of Hepatology** 2015; 62:799-806.
7. RP Mookerjee, **G Mehta**, V Balasubramanian, et al. Hepatic Dimethylarginine-Dimethylaminohydrolase1 is Reduced in Cirrhosis and is a Target for Therapy in Portal Hypertension.  
**Journal of Hepatology** 2015; 62:325-31.
8. **Mehta G**, Mookerjee RP, Sharma V, Jalan R. Systemic Inflammation Is Associated With Increased Intrahepatic Resistance And Mortality In Alcohol-Related Acute-On-Chronic Liver Failure.  
**Liver International** 2015; 35:724-34.
9. **Mehta G**, Gustot T, Mookerjee RP, et al. Inflammation and Portal Hypertension – The Undiscovered Country.  
**Journal of Hepatology** 2014; 61:155-63.
10. **Mehta G**, Mookerjee RP. Breaking Bad: The Two Sides of Gut Microbiota in Portal Hypertension.  
**Liver International** 2014; 34:1295-7.
11. Mookerjee RP, **Mehta G**. All beta-blockers are created equal, but some beta-blockers are more equal than others.  
**Liver International** 2013; 33:501-3.
12. **G Mehta**, R Jalan, RP Mookerjee. Cracking the ENCODE: from transcription to therapeutics.  
**Hepatology** 2013, 57:2532-5.
13. **G Mehta**, JG Abraldes, J Bosch. Developments and controversies in the management of gastric and oesophageal varices.  
**Gut** 2010, 59:701-705.

**Manuscripts submitted for consideration:**

1. **G Mehta**, S Macdonald, A Cronberg, et al. Short-Term Abstinence from Alcohol and Changes in Cardiovascular Risk Factors, Liver Function Tests and Cancer-Related Growth Factors: A Prospective Observational Study. *BMJ Open* – *Under revision*.

**Books:**

Clinical Medicine for the MRCP Paces: Vol.1 - Core Clinical Skills. G Mehta, B Iqbal. (Oxford Specialty Training: Revision Texts) (Paperback) ISBN: 9780199542550

Clinical Medicine for the MRCP Paces: Vol.2 – Medical Ethics, Communication Skills and History-Taking. G Mehta, B Iqbal, D Bowman. (Oxford Specialty Training: Revision Texts) ISBN: 9780199557493

REFEREES

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Professor Rajiv Jalan – Professor of Hepatology, Institute for Liver and Digestive Health, UCL.

Professor Kevin Moore – Professor of Hepatology, Institute for Liver and Digestive Health, UCL.