



## Ajay Kumar Jain, MD

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### Professional Experience

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|-------------------------|---|
| May 2006 - present      | Senior Consultant and Head, Department of Gastroenterology, Choithram Hospital and Research Centre, Indore MP |
| Sept. 1996 - May 2006   | Consultant, Department of Gastroenterology, Choithram Hospital and Research Centre, Indore MP                 |
| Sept. 1995 - Sept. 1996 | Division of Gastroenterology, Department of Medicine, RML Hospital, New Delhi                                 |
| Sept. 1994 - Sept. 1995 | Senior Research Associate, Department of Gastroenterology, G.B. Pant Hospital, New Delhi.                     |

### Fellowships

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| Nov. 1999 - Feb. 2000  | Clinical observer, Advanced Therapeutic Endoscopy Training Program, Beth Israel Deaconess Medical Centre Boston, MA (USA) |
| Aug. 1991 - Sept. 1994 | Senior Resident (DM), Department of Gastroenterology, G. B. Pant Hospital   |
| Jan. 1991 - July 1991  | Non-P.G. Registrar, Christian Medical College and Hospital, Vellore, TN   |
| Jan. 1990 - Jan. 1991  | Senior Resident, Department of Gastroenterology, Nizam's Institute of Medical Sciences, Hyderabad AP                      |

## Residency

1985 - 1988 Resident, Department of Medicine, M.Y. Hospital  
Jan 1989 - Dec 1989 Registrar, Department of Medicine, Choithram Hospital and Research Centre, Indore MP

## Education

1979 - 1984 Bachelor of Medicine, Bachelor of Surgery,  
Mahatma Gandhi Memorial Medical College, Devi Ahilya Vishwavidyalaya  
1984 - 1988 Doctor of Medicine - Internal Medicine,  
Mahatma Gandhi Memorial Medical College, Devi Ahilya Vishwavidyalaya  
1991 - 1994 Doctorate of medicine – Gastroenterology,  
Govind Ballabh Pant Hospital, University of Delhi  
1994 Diplomate of National Board – Gastroenterology,  
Govind Ballabh Pant Hospital, National Board of Examinations

## Scholarships, and Awards

- 1981-1984 Merit Scholarship (MBBS)
- Hargobind Medical Foundation Award 1998

## Selected Publications

Cholelithiasis associated with portal biliopathy in patients with extrahepatic portal vein obstruction: Management With endoscopic sphincterotomy.

Vivek Bhatia, Ajay K. Jain, Shiv K. Sarin.

Gastrointest Endosc. 1995; 42:178-81.

A randomized controlled trial of endoscopic variceal band ligation for primary prophylaxis of variceal bleeding.

Shiv K. Sarin, Rajkumar C. Guptan, Ajay K Jain, Karimassery R. Sundaram.

Eur. J. Gastroenterol & Hepatology. 1996; 8:337-42.

Role of Radiation therapy in carcinoma of Gall bladder: A preliminary Indian Experience.

A. Mehta, A. K. Bahadur, R. C. Aranya, Ajay K Jain.

Trop. Gastroenterol. 1996; 17:22-25.

A prospective randomized trial of endoscopic sclerotherapy vs. variceal band ligation for bleeding esophageal varices : influence on gastropathy, gastric varices & variceal recurrence.

SK Sarin, A Govil, AK Jain, RC Guptan, SK Issar, M Jain, NS Murthy.

Journal of Hepatol. 1997; 26:826-832.

Asymptomatic Hepatocellular carcinoma with splenic metastasis.  
AK Jain, N. Kumar, A. Mishra, SK Puri, V. Malhotra.  
Trop. Gastroenterol. 1997; 18: 72-73.

Aetiological spectrum of AVH cases in Central India.  
Jaiswal SPB, Chitnis DS, Jain AK, Inamdar S, Jain K, Jain SC.  
Indian J. of Gastroenterol. 1998; 17: 113.

Prevalence of anti-delta antibodies in central India.  
SP Jaiswal, DS Chitnis, KK Artwani, G Naik, AK Jain.  
Trop. J. Gastroenterol. 1999; 20: 29-32.

The Natural history of portal hypertensive gastropathy: influence of variceal eradication.  
Sarin SK, Shahi HM, Jain M, Jain AK, Issar SK, Murthy NS.  
Am J Gastroenterol 2000; 95:2888-93.

Prevalence of Hepatitis virus among multitransfused thalassemia subjects.  
Jaiswal SPB, Chitnis DS, Jain Ajay K, Inamdar S. Porwal A.  
Hepatology Research. 2001; 19; 247-253.

Acute Viral Hepatitis among pregnant females in Central India.  
Jaiswal SPB, Chitnis DS, Jain AK, Naik G, Soni N, Chitnis DS.  
International J. of Obstetrics and Gynaecology, 2001; 72: 103-108.

The combination of stricture dilatation endoscopic needle aspiration and biliary brushings significantly improves diagnostic yield from malignant bile duct strictures.  
Farrell RJ, Jain AK, Brandwein SL, Wang H, Chuttani R, Pleskow DK  
Gastrointest Endosc ,2001;54;587-94.

A randomized controlled trial of cyanoacrylate versus alcohol injection in patients with isolated fundic varices.  
Sarin SK, Jain AK, Jain M, Gupta R.  
Am J Gastroenterol 2002; 97:1010-1015.

Isolated gastric varices: prevalence, clinical relevance, and natural history.  
Sarin SK, Jain AK, Lamba GS, Gupta R; Chowdhary A.  
Dig Surg. 2003; 20:42-47.

Assessment of effects on health due to consumption of bitter bottle gourd (*Lagenaria sic eraria*) juice.  
S.K. Sharma, Rajesh Puri, Ajay Jain, M.P. Sharma, Anita Sharma, Shravan Bohra, Y.K. Gupta, et al.  
Indian J Med Res. 2012 January; 135(1): 49–55.

Inflammatory bowel disease in Central India: A single centre experience over five years.  
Ajay K. Jain, Shohini Sircar, Mayank Jain, Sagar Adkar, Chandrashekhar Waghmare.  
Tropical Doctor, 2012;42; 198-99.

Acute Febrile illness in Cirrhosis – Thinking beyond spontaneous bacterial peritonitis.  
Ajay K. Jain, Shohini Sircar, Mayank Jain, Sagar Adkar, Chandrashekhar Waghmare, Fatema Chahwala.

Tropical Doctor, 2012;42; 200-202.

Increased morbidity in acute viral hepatitis with glucose-6-phosphate dehydrogenase deficiency.  
Ajay K. Jain, Shohini Sircar, Mayank jain, Sagar Adkar, Chandrashekhar Waghmare, Fatema Chahwala.

Ind.J.Gastroenterol. 2013; 32(2);133-134.

Bacterial skin infections in Cirrhotics.

Mayank jain, Sagar Adkar, Chandrashekhar Waghmare, Ajay Jain, Shohini Sircar.

Ind.J.Gastroenterol, 2013;32(2);133-134.

Role of intravenous naloxone in severe pruritus of acute cholestasis.

Gunjan Joshi, B.S.Thakur, Shohini Sircar, Arvind Namdeo, Ajay K. Jain.

Ind. J. Gastroenterol. 2009; 28(5);180-182

Acute Pancreatitis and its association with hyperhomocysteiemia.

Shohini Sircar, Gunjan G. Joshi, Bhagwan S. Thakur, Rachna Joshi, Ajay K. Jain, Girish Naik.

Ind. J. Gastroenterol. 2007; 26(2);103.

Acute Viral Hepatitis E & Japanese Encephalitis: An unusual co-occurrence.

Gunjan G. Joshi, Shohini Sircar, Ajay K. Jain, Bhagwan S. Thakur, Rachna Joshi, J.S. Kathpal.

Ind.J.Gastroenterol, 2007;26(2);103.

## **Publications as Abstracts in Indexed Medical Journals**

Serum fructosamine in Diabetes mellitus.

R. Pathak, D. Singh, Ajay K. Jain, N.C. Sethi, P.G. Raman.

JAPI, 1990; 38; 1; 39.

Prevalence of Gall stones in patients with Portal hypertension

P.N.rao, Ajay K.Jain.

Ind. J.Gastroenterol, 1990; 9(suppl.1);A 38.

Association of duodenal diverticula with choledocholithiasis

Ajay K Jain, U.K.Makawana, J.C. Vij.

Ind.J.Gastroenterol, 1992; 11;(suppl. 1)A 27.

Bacteremia following endoscopic dilation for Esophageal strictures.

Ajay K Jain, A Thakur, S.L Broor.

Ind. J.Gastroenterol,1992; 11;(suppl.1)A 36.

A randomized controlled trial of endoscopic Variceal band ligation for primary prophylaxis of variceal bleeding.

Shiv K Sarin, Rajkumar C Guptan, Ajay K Jain, Karimassery, R Sundram.  
Gastroenterol. 1994; 106; A 19.

A randomized trial of Cyanoacrylate vs Alcohol injection in isolated gastric varices: Preliminary results.

S.K.Sarin, A.K.Jain A.Govil, R.C.Guptan.  
Ind.J.Gastroenterol. 1995; 14; (suppl.1) A 89.

Prevalence of Viral Hepatitis markers in multitransfused thalassemic patients

Ajay K. Jain, S.P. Jaiswal, D.S. Chitnis et al.  
Ind. J. Gastroenterol. 1998; 17

Prospective analysis of factors predicting the outcome in pregnancy with fulminant hepatic failure secondary to acute viral hepatitis.

Ajay K. Jain, S.P.Jaiswal, D.S.Chitnis, Girish Naik.  
Ind.J.Gastroenterol. 2001;20; (suppl 1) C14.

To assess the impact of superinfection of Hepatitis E virus infection over natural course of chronic hepatitis B virus infection.

A. Jain, S. Jaiswal, D. Chitnis, G. Naik.  
J. Gastroenterol & Hepatology. 2002;17 (suppl) A1010.

Is post prandial insulin a useful screening tool for insulin resistance and its comparison with HOMA in patients with NAFLD.

A.K.Jain, A. Namdeo, S.Jain, S Sircar, G.G.Joshi.  
J. Hepatol. 2010; 52 S145.

HIV co-infection with Hepatitis B and Hepatitis C infection in healthy population of Central India: A prospective Observational study over 10 years.

Ajay Jain, Arvind Namdeo, ShreeJaiswal, Shohini Sircar, Suchita Jain.  
Am J Gastroenterol. 2011; 106:S430.

Manometric evaluation in patients with reflux symptoms but normal upper gastro-intestinal endoscopy.

Mayank Jain, Sandeep ware, Amit Bundiwal, Shohini Sircar, Ajay Jain.  
Ind.J.Gastroenterol, 2013;32;(suppl 1) A-9.

Acute Gastrointestinal toxicity with consumption of bottle gourd juice  
Ajay Jain.

Am J Gastroenterol 2009; 102:S223.

Is idiopathic gastroparesis a common but underdiagnosed disease

Ajay Jain, Shohini Sircar, Manmohan Soni  
Am J Gastroenterol 2009; 104:S47.

Profile of Dysphagia at tertiary care centre in central India

Ajay K. Jain, Shohini Sircar, Mayank jain, Sagar Adkar, Chandrashekhar Waghmare  
Ind.J.Gastroenterol, 2012; 31;(suppl 1) A-11.

Epidemiology of Inflammatory bowel disease in Central India – A five-year experience

Ajay K. Jain, Shohini Sircar, Mayank jain, Sagar Adkar, Chandrashekhar Waghmare.  
Ind.J.Gastroenterol. 2012;31;(suppl 1) A-34

Comparison of instant nutritional assessment with ABCD method to evaluate malnutrition in alcoholic liver disease- Aprospective study.

Ajay K. Jain, Pratibha Sharma, Shohini Sircar, Mayank jain, Sagar Adkar, Chandrashekhar Waghmare, Fatema Chahwala.  
Ind.J.Gastroenterol. 2012;31;(suppl 1) A-102.

Interesting gastrointestinal presentation of connective tissue disorders.

Ajay K. Jain, Shohini Sircar, Mayank jain, Sagar Adkar, Chandrashekhar Waghmare.  
Ind.J.Gastroenterol. 2012;31;(suppl 1) A-104.

Use of IV naloxone in severe cholestatic pruritus. Underutilized is not undereffective.

B.S.Thakur, A.K. Jain,G. Joshi.  
Hepatol international.

Acute viral hepatitis with glucose-6-phosphate dehydrogenase deficiency - Increased morbidity.

A.K.Jain, S.Sircar, M.Jain, S.Adkar, C.Waghmare, F.Chahwala.  
J Clinical Expt Hepatol. 2012; 2;(suppl1) S-7.

Amebi liver abscess : Is low dose Metronidazole an effective therapy.

A.K.Jain,A.Namdeo,A.Khilji,G.Joshi,S.Sircar,B.Thakur.  
Hepatol international.

Unusual cutaneous metastasis in pancreatic malignancy.

Ajay Kumar Jain, Arvind Namdeo, Vishal Gupta, Suchita Jain Gunjan, Joshi, Shohini Sircar, Satish Phatak.

J Gastroenterol Sugery Oncology.