

BRIEF CURRICULUM VITAE

Dr Ashish Kumar

MBBS, MD, DM

Hepatologist & Gastroenterologist

Date of Birth

10-Sep-1970

Working as

Associate Professor, Consultant, and Teaching Coordinator

Institute of Liver, Gastroenterology, & Pancreatico-Biliary Sciences

Ganga Ram Institute for Postgraduate Medical Education & Research (GRIPMER)

Sir Ganga Ram Hospital

New Delhi, India.

Governing Council Member of the Indian National Association for the Study of the Liver (INASL)

Recognized supervisor for the PhD program on Health Sciences by the Guru Gobind Singh Indraprastha University, New Delhi.

Brief Bio

Ashish Kumar is an **Associate Professor**, Consultant, and Teaching Coordinator in the Institute of Liver, Gastroenterology, & Pancreatico-Biliary Sciences, Ganga Ram Institute for Postgraduate Medical Education & Research (GRIPMER) of **Sir Ganga Ram Hospital**, New Delhi, India. He is also the Governing Council Member of the Indian National Association for the Study of the Liver (INASL). He completed his Gastroenterology training from the Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow, India in 2004. Subsequently, he worked under the mentorship of Prof Shiv Kumar Sarin for 5 years in his unit in various capacities, including as Associate Professor at the Institute of Liver & Biliary Sciences (ILBS), New Delhi, India. He has been a visiting fellow at the **National Cancer Center in Japan** and **University of California, San Francisco, USA**. His research areas include mainly **hepatocellular carcinoma, portal hypertension, acute-on-chronic-liver failure, and stem cells for liver diseases**. He has over 110 publications mostly in international journals, including Gastroenterology, Annals of Internal Medicine, and Gut. He is the coordinator and the **lead author** of the **Indian Consensus on treatment of Liver Cancer** under aegis of Indian National Association for the Study of Liver. He has also been one of the faculties of the Baveno working group on portal hypertension, and many APASL working groups on portal hypertension and acute-on-chronic liver failure.

Awards

1. **Young Investigator Award** at the APASL 2008, Seoul, Korea, for the paper entitled "*Decompensation by variceal bleed and ascites has similar portal hemodynamics in cirrhosis.*"
2. **Paper Selected for Plenary Presentation** at the APDW 2008, New Delhi, India entitled "*Endoscopic variceal ligation plus propranolol and isosorbide mononitrate versus*

- endoscopic variceal ligation alone for secondary prophylaxis of variceal bleeding: a large prospective randomized controlled trial"*
3. **Best Paper Award** at the plenary session of ISG-INASL 2007, Mumbai, India, for the paper entitled "*Endoscopic variceal ligation (EVL) plus propranolol (P) and isosorbide mononitrate (ISMN) versus endoscopic variceal ligation alone in secondary prophylaxis of variceal bleeding: A prospective randomized controlled trial.*"
 4. **Hepatology 360 Award Finalist** at the Hepatology Live 2012 Conference held on 11th to 13th May 2012 at Vienna, Austria for the research work entitled "*Adrenal insufficiency predicts early mortality in patients with cirrhosis*".

Journal Assignments

1. Served as the Guest Editor for the *Supplement Issue on Hepatocellular Carcinoma* for the *Journal of Clinical and Experimental Hepatology (JCEH)*, the official, peer-reviewed publication of the INASL published quarterly by Elsevier.
2. Served as the Assistant Editor of *Hepatology International*, the official journal of the Asian Pacific Association for the Study of the Liver (APASL), indexed by PubMed and ISI.
3. Served as an Editorial Board Member of the *Indian Journal of Gastroenterology*, the official publication of the Indian Society of Gastroenterology (ISG).
4. Editorial Board Member of the *Clinical and Molecular Hepatology*, the official journal of The Korean Association for the Study of the Liver (KASL).
5. International Editor in Hepatology field for the *Journal of Medical Ultrasonics*, the official Journal of Japan Society of Ultrasonics in Medicine.
6. Editorial Board Member of the *Journal of Clinical and Experimental Hepatology (JCEH)*, the official, peer-reviewed publication of the INASL published quarterly by Elsevier.
7. Editorial Board Member of the *Journal of Clinical and Translational Hepatology*, a peer-reviewed journal owned by the Second Affiliated Hospital of Chongqing Medical University, China.
8. Editorial Board Member of the *Journal of Gastroenterology and Hepatology Research (JGHR)*, a monthly, open accessed, peer reviewed journal, published from Hong Kong, China.
9. Served as an Editorial Board Member of the *Vigour Zoom Health Magazine*, a health magazine targeting the general practitioners of India.

Memberships of Societies

1. Member of the European Association for the Study of the Liver (EASL)
2. Member of the International Liver Cancer Association (ILCA)
3. Member of the Indian National Association for the Study of the Liver (INASL)
4. Member of the Indian Society of Gastroenterology (ISG)
5. Member of the Association of Physicians of India (API)
6. Member of the Indian Medical Association (IMA)

Areas of Research Interests

1. Hepatocellular carcinoma
2. Stem cells for liver disease
3. Portal hypertension
4. Liver diseases in pregnancy
5. Acute-on-chronic liver failure
6. Hepatitis B

Education & Experience

Medical Education

DM (Gastroenterology) (2004)	Sanjay Gandhi Postgraduate Institute of Medical Sciences Lucknow
MD (Internal Medicine) (1999)	King George's Medical College (Now University) Lucknow
MBBS (1994)	GSVM Medical College Kanpur University Kanpur

Prior Education

Intermediate CBSE (1989)	Passed with aggregate 86% marks in Physics, Chemistry and Biology
Matriculation CBSE (1987)	Passed with aggregate 87% marks Awarded <i>Certificate of Merit</i> for being among top one percent in India First position in union territory of A & N Islands

Overseas Experience

	Post Held	Place	Duration
1	Visiting Fellowship	National Cancer Center Tokyo Japan	Four weeks (03-Jun-2013 – 28-Jun-2013)
2	Visiting Fellowship	UCSF Medical Center University of California San Francisco California, USA	Three weeks (16-Nov-2005 – 07-Dec-2005)

Experience

	Post Held	Place	Duration
1	Associate Professor & Consultant	Institute of Liver, Gastroenterology, & Panceatico-Biliary Sciences, Ganga Ram Institute for Postgraduate Medical Education & Research (GRIPMER), Sir Ganga Ram Hospital, New Delhi	Working <i>(07-Jun-2011 – Present)</i>
2	Associate Professor & Assistant Dean of ILBS	Department of Hepatology, Institute of Liver & Biliary Sciences (ILBS), New Delhi	One year & two months <i>(13-Apr-2010 – 06-Jun-2011)</i>
3	Assistant Professor	Department of Hepatology, Institute of Liver & Biliary Sciences (ILBS), New Delhi	One year & ten months <i>(30-May-2008 – 13-Apr-2010)</i>
4	Assistant Professor	Department of Gastroenterology, G B Pant Hospital, New Delhi	Two years <i>(31-May-2006 – 30-May-2008)</i>
5	Senior Research Associate	Department of Gastroenterology, G B Pant Hospital, New Delhi	One year <i>(01-Jun-2005 – 30-May-2006)</i>
6	Senior Resident (Non-DM)	Department of Gastroenterology, Sanjay Gandhi Postgraduate Institute of Medical Sciences, Lucknow	One year & nine months <i>(12-Jul-1999 – 13-Jul-2000 28-Mar-2001 – 31-Dec-2001)</i>

Contact Information

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PubMed bibliography:

<http://www.ncbi.nlm.nih.gov/sites/myncbi/1ZibfmgY96/bibliography/40040475/public/?sort=date&direction=descending>

PUBLICATIONS OF DR ASHISH KUMAR

Guest edited supplement of a journal	1
Original articles	54
Consensus articles	10
Review articles	8
Research letters	3
Case reports	21
Letters to editor	4
Textbook chapters	4
Chapters in CME books	7
Total	112